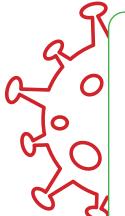
Shopping in the COVID-19 Pandemic



- No → Okay to shop for essentials
- Use curbside if possible
- Shop alone when possible





While shopping:

- 1. Try to shop early morning/late at night
- 2. Wear a face covering (mouth and nose)
- 3. Disinfect the shopping cart/basket
- 4. Refrain from touching eyes, nose, and mouth
- 5. Refrain from touching cellphone, wallet or keys
- 6. Use touchless pay if possibleUse hand sanitizer after paying
- 7. Keep at least 6 feet distance



After shopping:

- 1. Sanitize your hands with hand sanitizer (60% ethanol or greater)
- 2. Sanitize your steering wheel and stick shift





If ill or immunosuppressed, check CDC guidance: https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html



At home:

- 1. Wash hands with soap and water, at least 20 seconds
- 2. Disinfect cell phone with disinfectant or alcohol wipe
- 3. You may decontaminate packages the following ways:
 - Wipe down or wash packaged items
 - Disinfect surfaces touched by groceries/bags
 - Wash any cloth bags used
- You may leave nonperishables in garage for 72 hours
- Wash fruits and vegetables with soap and water, at least 20 seconds
- 4. Consider changing clothes/showering
 - Necessary if encountered a sick person
 - Wash all clothing purchases before wearing
- 5. Wipe down doorknobs with a disinfectant or alcohol wipe

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