

The Maine Aging, Behavior, Learning Enrichment (M-ABLE) Study



Volunteers are needed to participate in a paid research study to improve our understanding of brain health.

Am I eligible?

- If you are between the ages of 55-90 years old
- If you have no severe problems with mood, memory or thinking skills
- Willing to complete 20 minute screening visit to determine whether you qualify

What will you do? Participation involves completing 2 sessions that can be the same day at study locations in Bangor or Orono. You will:

1. Complete memory & thinking tasks
2. Complete questionnaires about health, life experiences, emotions and attitudes
3. Do some brief balance and walking tasks

How long will it take and will I receive compensation?

- Session 1 is about 3.5 hours and you will receive **\$50** dollars compensation.
- Session 2 is about 1 hour and you will receive **\$20** dollars compensation.



Want to learn more?
Call us at: 207-581-2042.
Or Email:
careumaine@gmail.com

M-ABLE Study is conducted by Dr. Rebecca MacAulay in the Psychology Department at the University of Maine.

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