We all get older but what is it that helps us to stay “young” longer with age?

We are looking for volunteers to participate in a paid research study that will help us learn more about brain health and the tools we use to measure thinking and memory in older adults.

If you qualify for the study, participation includes:

1. Visit 1: Completing reading, memory, and thinking tasks (on a computer and using paper-pencil measures) and questionnaires about your health and well-being. This visit will be about 3.5 hours and you will receive $40 dollars compensation.

2. Visit 2: Completing thinking tasks and questionnaires about life experiences and attitudes using paper and pencil measures. You will also be asked to do some balance and walking tasks. This visit will be about 1.5 hours and you will receive $20 dollars compensation.

You may be eligible if you are:

- Willing to visit us in person at the University of Maine in Orono or Bangor, or a community office center at your residence (when applicable) depending on the most convenient location to determine whether you qualify for the study. This session takes about 20-30 minutes. There is no direct compensation for attending the screening session but if you qualify for the study, your first study visit typically takes place following the screening session.

- Willing to visit us in person at one of the locations above for two visits.

- Between the ages of 55 to 85 years old

- Have no major problems with mood, memory or thinking skills

The Maine Aging, Behavior, Learning Enrichment (M-ABLE) Study is being conducted by Dr. Rebecca MacAulay, an assistant professor in the Psychology Department at the University of Maine. If interested or you would like to learn more, please contact Dr. MacAulay:

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