About Canada

**Cosmopolitan cities, breathtaking scenery and world-class outdoor adventures from coast to coast.** Canada is one of the world’s most awe-inspiring countries, a mixture of raw beauty and complex, unexpected places including desert, temperate rainforest and lush orchards. Then add the Rockies’ lakes and majestic peaks, spectacular fjord-slashed coastlines and the rippling prairie expanse with all the sky for a ceiling. Canada’s cities – enchanting Québec, trendy Vancouver, cosmopolitan Toronto and stylish Montréal – are rich with historical and cultural treasures. Canadians have an overwhelming pride in their history, their culture and the mesmerizing beauty of their land, and they embrace all of this with irresistible energy.

**About Halifax (NS), Québec and Montréal (QC), Ottawa (ON)**

**Nova Scotia** juts into the North Atlantic with its weathered 4600 mile coastline of gorgeous villages, beaches, rocky inlets and windblown headlands. **Halifax**, the lively capital, overlooks a deep harbor. **Québec City** is one of Canada’s most beautifully located and historic cities. Vieux-Québec, surrounded by solid fortifications, is the only walled city in North America, and a UNESCO World Heritage Site. Over 90% of its 750,000 population are francophone, and it is often difficult to remember which continent you are in as you tuck in to a buttery croissant and a bowl of café au lait.

**Montréal** is Canada’s second-largest city. As geographically close to the European coast as to Vancouver, in look, taste and feel it combines some of the finest aspects of the two continents. This is also the world’s 2nd largest French-speaking city (after Paris), but only 2/3 are of French extraction, the other 1/3 are cosmopolitan British, Eastern Europeans, Chinese, Italians, Greeks, Jews, Latin Americans and Caribbeans. **Ottawa**, a lively cosmopolitan Capital city, is located in a pleasant riverside setting, population one million. It’s here that Canada’s bilingual laws really make sense: French-speaking Gatineau, just across the river in Québec, is commonly lumped together with Ontario’s Ottawa as the “Capital Region”, and on the streets of Ottawa you’ll hear as much French as English.  

[from *The Rough Guide*]

**Requirements**

Minimum overall GPA of 2.75

**Budget – Tuition at UMaine rate!**

The exchange to universities in Nova Scotia or Québec is affordable because UMaine students pay tuition costs to UMaine at the same rates as for a regular 15-credit semester. Additional costs include local fees, room and board at the Canadian university, and transportation. Universities in Ontario or other provinces are affordable if awarded a Killam Fellowship. Drive Abroad to Canada!
Universities in Nova Scotia

Halifax:
- Dalhousie University
- Mount St. Vincent University
- Saint Mary's University
- University of King's College
- Nova Scotia Agricultural College
- Nova Scotia College of Art & Design

Other cities:
- Acadia University (Wolfville)
- Cape Breton University (Sydney)
- St. Francis Xavier University (Antigonish)
- Université Sainte-Anne (French-speaking, Church Point)

Universities in Québec

Montréal:
- Concordia University (English-speaking)
- McGill University (English-speaking)
- Université du Québec à Montréal

Other cities:
- Bishop's University (English-speaking, Lennoxville)
- Université Laval (Québec City)
- Université de Sherbrooke
- Université du Québec à Trois-Rivières
- Université du Québec à Chicoutimi
- Université du Québec à Rimouski
- Université du Québec en Outaouais
- Université du Québec en Abitibi-Témiscamingue

Academics and Study Culture

Consider taking 12 credits versus 15, so you can have space to excel and time to explore. Check to see how often you are graded in a course. Courses may consist of weekly lectures, one midterm, one paper, and a final exam. If so, you may not know how you are doing until the results of the final exam.

Canadian students do most of their studying during the day, every day. An exchange student advises: “Be prepared to keep on top of work from the very beginning, you won't regret it, and it's much better than getting bogged down half way through the semester.” Another exchange student comments: “Canada is great! Travel as much as you can at every opportunity, and make friends with the other exchange students if you want friends to travel with.”

Calendar and Deadlines

Study Abroad Office deadlines apply, but also check application deadlines for the Canadian university.

Killam Fellowship Award deadline: January 15th

Killam Canadian Fund deadline: December 1st for spring semester; April 1st fall semester; rolling acceptance for summer term

Office of International Programs

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Web: www.umaine.edu/international/outgoing-students/programs/exchange