UNIVERSITY OF MAINE DIVISION OF STUDENT AFFAIRS CAMPUS RECREATION- MAINE BOUND COURSES MAINEBOUND COURSE RELEASE AND ASSUMPTION OF RISK

1,
(Name)
(Full Mailing Address)
being years of age (having been born on/), acknowledge, declare
and agree as follows:
1. That I have voluntarily agreed to participate in the,
(the "Program") from, 20 to, 20, and in consideration of
being permitted to participate in the Program, do voluntarily execute this "Release and
Assumption of Risk" on behalf of my self, my heirs and next-of-kin, my personal
representatives and my estate.
2. That I have been fully informed of the nature, scope and demands of the Program,
and I understand that the Program may include activities which could be dangerous to me
and other participants and which could cause property damage, bodily injury and/or
death.

- *See below for specific risks and dangers of the Program.
- 3. That the University of Maine System and its University of Maine (hereinafter referred to as the "University") have informed me that there may be dangers and hazards inherent to participants in the Program because of the activities involved, and that I personally recognize and appreciate that such dangers and hazards exist. I accept and assume full responsibility for all harm and injury, of every nature, including death, which may occur to me or which I may suffer or cause to others, and for all damages or loss to any personal property owned by me or damaged by me, while I am participating in the Program and during all travel and transportation, and, in furtherance thereof, I agree to indemnify, hold harmless and release the University, its Trustees, faculty, employees, volunteers and agents, from and against any and all claims, demands, actions or causes of action, on account of damage or loss to my personal property, my personal injury or death, or the bodily injury, death or damage to personal property of others caused by me, which may occur or result directly or indirectly from my participation in the Program and not as a direct result of any negligent act of the University, its Trustees, faculty, employees, volunteers or agents.
- 4. I declare that I am able to physically withstand and cope with the indicated rigors of the Program with or without a reasonable accommodation. If an accommodation is needed, I will contact the Assistant Director for MaineBound at 581-1794.

unenforceable or illegal, the remainder shall continue in full force and effect.
6. I understand that if I cancel my registration prior to the registration deadline, I am subject to an administrative fee or the cost of the course, whichever is less. Exceptions noted/initialed here:
I declare that I completely understand and have fully informed myself of the terms and conditions of this "Release and Assumption of Risk" by having read it, or having it read to me, before signing and I intend to be fully bound thereby:
Assented and agreed to on thisday of, 20
Signature of Participant
I,
the parent or legal guardian of,
Agree, in consideration of my child being permitted to participate in the Program, to be
bound by the terms of this Release and Assumption of Risk and hereby indemnify, hold
harmless and release the University, its Trustees, faculty, employees, volunteers and agents, in the same manner and with the same force and effect as set forth in section 3
above with regard to my child participating in the Program.
above with regard to my child participating in the riogram.

This "Release and Assumption of Risk" shall be construed and interpreted

Parent or Guardian Signature (if participant under the age of 18 years)

5.

*Such dangers, hazards and risks of the Program may include, but are not limited to, injuries inflicted by the following:

all manner of injury resulting from travel over rough terrain, encountering extreme temperatures, insects and wild animals *abrasions, entanglements, and other injuries resulting from activities within the including but not limited to climbing, rappelling, ascending, descending, bouldering, kayaking, skiing, ice climbing, mountaineering and participation in ropes course elements *injuries resulting from falling or dropped items including but not limited to ropes, ice, rocks, climbing hardware, climbing holds/hardware, chalk, chalk bags, personal items, and other climbers or participants *cuts, abrasions, and burns resulting from contact with rocks, ice and trees * failure of equipment, skies, bindings, ropes, slings, harnesses, climbing hardware, anchor points, stoves and personal floatation devices * injuries caused through inappropriate technique or overuse including but not limited to tendonitis, strains, sprains, abrasions, bruises, dislocations, joint swelling, muscle aches, and fractures * harm and injury, including death, shortness of breath, and light headedness, resulting from increased heart rate, increased blood pressure, and strenuous physical activity *harm and injury from vehicle and plane travel *harm and injury from travel to remote and underdeveloped places including but not limited to political unrest, travel in substandard vehicles and the eating of food prepared in unsanitary conditions.