

Dear Parents:

Wild Maine Camp staff is very excited to spend the week with your child! Camp will be based out of the Maine Bound Adventure Center at UMaine located next to the Collins Center for the Arts and the Memorial Union. Please read the following information on the policies and procedures to enhance your camp experience. Any questions or concerns can be directed to our email address: kaitlyn.fowle@maine.edu. Thank you!

ABOUT OUR STAFF

The Wild Maine camp staff is current students or professionals at the University with previous experience working in camp setting. They are all CPR/First Aid and AED certified for adults, children, and infants through the American Heart Association.

- **Camp Director: Kaitlyn Fowle**

Kaitlyn has worked at UMaine since January 2014, returning after graduating in the spring of 2008. In her time away, she worked as a paddle sports instructor and a ski patroller and instructor. She can be reached at 207-581-1752 or at Kaitlyn.fowle@maine.edu for any questions.

DROP OFF/PICK UP PROCEDURES

- Drop off time is between **7:30-8:00am** and pick up time is from **4:30-5:30pm** at the Maine Bound Adventure Center. If you will be late dropping off or need to arrange early pick up, please call 207-581-1794 or 207-581-1752.
- ☐ Anyone picking up campers must be on the approved pick up list submitted during registration. **THEY MUST SHOW A PHOTO ID TO STAFF EACH DAY.** Additions made to the pick up list can be made by speaking with the camp director only.

WHAT TO BRING (

On a daily basis, please bring listed items in a labeled backpack.

- ☐ 2 full non-glass water bottles
- ☐ Lunch
- ☐ Snacks
- ☐ Drinks (no glass bottles)
- ☐ Extra set of clothes, clothes to be in the water with
- ☐ Athletic sneakers/ Hiking boots
- ☐ Towel
- ☐ Plastic bag, for wet items
- ☐ Sunscreen
- ☐ Bug Spray
- ☐ Hat
- ☐ Weather Appropriate clothing
- ☐ Sandals that will stay on feet while swimming

LUNCH

- ☐ Camp lunch will typically be from 12:30-1:30pm each day. Please pack your camper with a bit more food than they might normally require, since they will be outside and active all day long. There will also be two opportunities for snacks, for the morning and afternoon.
- ☐ Please remember to bring two full refillable water bottles to help campers stay hydrated.
- ☐ Lunches should come in a labeled lunch container complete with an ice pack to keep them cool. Refrigeration is not always available.
- ☐ Due to the large number of kids with peanut allergies and the extreme consequences it can hold for particular children, Wild Maine Camp strongly discourages sending lunches that contain peanuts or peanut butter. Thanks for your understanding in this sensitive matter.
- ☐ Extra food and water is suggested, the campers will be physically active for most of the day. Please plan on them needing a little more food and water than usual.

BEHAVIOR EXPECTATIONS

- ☐ At Wild Maine camp bullying, teasing, verbal or physical misconduct will not be tolerated.
- ☐ Safety at Wild Maine camp is a priority; any child that is unable to follow the direction of the instructors may not be able to participate in the activity at the time.
- ☐ In extreme situations the camper will come spend time with a Camp Director. Repeat offenders of camp expectations will be asked to leave camp. No refund will be given under these extreme circumstances. (

MEDICATION

- ☐ All medications Campers need to receive during the camp day must be given to Kaitlyn Fowle at the first day of camp during morning drop off.
- ☐ Medication must be contained in the original prescription container.
- ☐ The Prescription bottle must include the name of the child, medication type, dosage, current(date, time of administration and the physician's name and telephone number.
- ☐ Campers with inhalers or epi-pens will be allowed to carry only those medications on their person or in their counselors' First Aid kit. Please have in waterproof container, or double zip-lock bags. (

GENERAL HEALTH

Throughout the course of the day your child will be exposed to many people. Our staff takes every precaution possible, but we cannot eliminate the exposure to all potential germs/bacteria. (

Standard precautions include:

- Educating campers about proper sanitation.
- Hand washing/sanitizing between activities and meals.
- Not allowing the sharing of towels, hats and other personal items.
- In order to protect all the campers we ask you to follow these guidelines: If your child is not well enough to participate in general camp activities please keep them home that day. These symptoms include but are not limited to, fever, flu symptoms, head lice, and topical infections. Further more, if your child has or has had an Influenza-like illness, in the previous 7 days you must share this with camp counselors.
- If your camper will not be at camp please call the Maine Bound as soon as possible at 581-1752.

If a communicable illness has been identified at camp all parents will receive written and verbal notice of the situation.

In the unlikely event that of a serious outbreak occurs camp maybe suspended with guidance from UMaine Environmental Health and Safety and the Maine CDC.

MEDICAL EMERGENCIES

- ☐ If a medical emergency arises our staff is trained in First Aid and CPR. Our instructors are also trained to a minimum of Wilderness First Aid for when campers are a little further away from Campus on their two field trip days.
- ☐ The waiver form signed for camp gives us permission to treat your child and you as (parent/guardian will be notified immediately.
- ☐ When notification and permission from the parent is not possible Orono Ambulance will be notified and medical treatment will be facilitated.
- ☐ If the injury requires emergency treatment and a parent/guardian is not available to transport the child, Ambulance will transfer the child to the nearest Medical Facility, either Eastern Maine Medical Center or St. Joseph's Hospital, accompanied by one of our Camp staff. (

Any other questions please feel free to call or email.

Thank you again for participating in Wild Maine Camp!