

Dear Parents:

RAD-O Camp staff is very excited to spend the summer with your child. Camp will be based out of the New Balance Student Recreation and Fitness Center at UMaine located at the top of Hilltop Rd. Please read the following information on the policies and procedures to enhance your camp experience. Any questions or concerns can be directed to our email address: RADCAMP@umit.maine.edu. Thank you!

ABOUT OUR STAFF

The RAD-O staff is current students or professionals at the University with previous experience working in camp setting. They are all CPR/First Aid and AED certified for adults, children, and infants through the American Heart Association.

- Camp Director: Lisa Carter and Mitch Stone
- Assistant Director: Meghan Look
- Assistant Director: Neal Morrison
- Counselors: Liis Emajoe, Jake Chambers, Samantha Hilt, Andrew Leighton, Annabelle Wilson, and Amy Schmidt

DROP OFF/PICK UP PROCEDURES

- Please park your vehicle in the Hilltop parking lot and walk your child down to the back doors of the Student Recreation and Fitness Center (SRFC). Camp will start and end each day on the Multiple Activity Court (MAC) located adjacent to the back doors. Signs will be posted for easy access.
- Drop off time is between **8:30-9:00am** and pick up time is from **4:00-4:30pm** at the New Balance Student Recreation and Fitness Center. If you will be late dropping off, please come through the front door of the Rec center because the back doors will be locked.
- For your convenience, we offer early drop off/ late pick up. Early morning drop off time is between 7:30-8:30am and late pick up is 4:30-5:30pm.
- Anyone picking up campers must be on the approved pick up list submitted during registration. **THEY MUST SHOW A PHOTO ID TO STAFF**. Additions made to the pick up list can be made by speaking with the camp directors only.

LUNCH

- Camp lunch will typically be from 11:45-12:30pm each day.

- Please pack your camper with a complete lunch. We suggest packing two additional snacks, for the morning and afternoon. Also, please remember to bring refillable water bottles to help campers stay hydrated.
- Lunches should come in a labeled lunch container complete with an ice pack to keep them cool. REFRIDGERATION IS NOT PROVIDED. PLEASE DO NOT SEND ANY 'WARM-UPS'.
- On field trips, it is important to pack extra food/water. Some of the destinations we will visit do not have water fountains.
- Due to the large number of kids with peanut allergies and the extreme consequences it can hold for particular children, RAD-O Camp strongly discourages sending lunches that contain peanuts or peanut butter. Thanks for you understanding in this sensitive matter.

FIELD TRIPS

- Each week at RAD-O Camp we will be going on a field trip. **Please have your child wear their camp T-shirt** as it will assist the staff in maintaining safety and ensuring all of the children are accounted for.
- Field trips are typically scheduled for Wednesdays; this is subject to rescheduling due to weather.
- Extra food and water is suggested for field trip days.
- Please remember to send your camper with towels, bug spray, sun screen, etc for field trips depending on which week they are signed up for. **Please label all personal items.** TOWELS WILL NOT BE PROVIDED ON WATER FIELD TRIPS.
- On field trip days our camp hours will remain the same.

BEHAVIOR EXPECTATIONS

- At RAD-O camp bullying, teasing, verbal or physical misconduct will not be tolerated.
- In extreme situations the camper will come spend time with a Camp Director. Repeat offenders of camp expectations will be asked to leave camp. No refund will be given under these extreme circumstances.

MEDICATION

- All medications must be given to Camp Directors at the first day of camp during morning drop off.
- Medication must be contained in the original prescription.
- The Prescription bottle must include the name of the child, medication type, dosage, current date and the physician's name and telephone number.
- Campers with inhalers or epi-pens will be allowed to carry only those medications on their person or in their counselors' First Aid kit.

GENERAL HEALTH

Throughout the course of the day your child will be exposed to many people. Our staff takes every precaution possible, but we cannot eliminate the exposure to all potential germs/bacteria.

Standard precautions include:

- Educating campers about proper sanitation.
- Hand washing between activities and meals.
- Not allowing the sharing of towels, hats and other personal items.

In order to protect all the campers we ask you to follow these guidelines:

- If your child is not well enough to participate in general camp activities please keep them home that day. These symptoms include but are not limited to, fever, flu symptoms, head lice, and topical infections. Further more, if your child has or has had an Influenza-like Illness, in the previous 7 days you must share this with Camp Directors.
- If your camper will not be at camp or late to camp please call the Rec. Center as soon as possible at 581.1082 so the information can be relayed to Camp Directors.

When a communicable illness has been identified at camp all parents will receive written and verbal notice of the situation.

In the unlikely event that of a serious outbreak occurs camp maybe suspended with guidance from UMaine Environmental Health and Safety and the Maine CDC.

MEDICAL EMERGENCIES

- When a medical emergency arises our staff is trained in First Aid and CPR.

- The waiver form signed for camp gives us permission to treat your child and you as parent/guardian will be notified immediately.
- When notification and permission from the parent is not possible UVAC (University Volunteer Ambulance Corps) will be notified and medical treatment will be facilitated.
- If the injury requires ER treatment and a parent/guardian is not available to transport the child, UVAC will transfer the child to the nearest Medical Facility, either Eastern Maine Medical Center or St. Joseph's Hospital.

WHAT TO BRING

ON A DAILY BASIS PLEASE BRING THE FOLLOWING IN A LABELED BACKPACK:

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| • Bathing Suit | • Towel |
| • Water bottle | • Plastic bag (for wet clothes) |
| • Lunch | • Sunscreen |
| • Snacks | • Bug spray |
| • Drinks (no glass bottles) | • Hat |
| • Extra t-shirt | • Long sleeve shirt for cooler days |
| • Athletic sneakers | • Sandals, crocs, etc are OK for field trips and pool time. |