

**The University of Maine
Campus Recreation
INTRAMURAL SPORTS PROGRAM**

INDOOR & OUTDOOR SOFTBALL RULES

To participate in intramural sports here at the University of Maine, players must be a member through campus recreation and be either a student or an employee by the University of Maine. (Note: High School age students are not allowed to participate in intramural sports even they are a member through the recreation center.)

1. Teams will consist of 10 players. For coed outdoor softball the maximum number of men allowed on the field at one time is 6. Teams need at least 2 women to play and a minimum of 6 players on the field. There is no restrictions regarding the batting order but only 6 men can bat. For men's and women's games 6 players are required to start a game.
2. Sliding is allowed, but a player may not steal a base.
3. One base allowed on an overthrow of 1st, 3rd, and home. **No** running on dropped third strike.
4. Bases will be 60 feet apart with pitchers mound being only 45 feet from home.
5. This will be a slow pitch game. Pitchers must let the team hit the ball. There will be three strikes and a player can strike out. This is restricted slow pitch softball with teams responsible for supplying their own umpires. No whip windups may be taken, pitchers must throw the ball slow on a line, no arch required.
6. Indoor games will be 5 innings in length, with 3 ½ innings constituting a legal game if the home team is in the lead. Outdoor softball games are 6 innings long.
7. A toss of the coin will determine home team.
8. Equipment and game results must be turned in to the activity supervisor before credit is given for the game.
9. Teams should be prompt and on time.
10. We recommend the first and third base coaches make the base calls. Games are self-officiated.
11. No STEALING or BUNTING.
12. Only soft rubber spikes will be allowed. This will be left up to the supervisor on duty. (Make sure you bring a pair of sneakers to be safe). No bare feet!

13. NO PROTESTS, except on player eligibility.
14. Unlimited substitution is encouraged. If a player starts and is replaced, the player has to re-enter the game in the same order that he or she left.
15. No baseball bats will be allowed.
16. A DH hitter WILL NOT be used.
17. All other rules are the same as regulation ASA softball rules, (3 ½ innings is a legal game). Toss of coin determines the home team.
18. Scores must be recorded on the scorecards and then returned with the equipment at the end of the game.

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