



COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT

Kinesiology and Physical Education

UMaine's ADVANTAGE

- Personalized learning environment with hands-on experience early in your program
- The opportunity to work with Division I athletes
- The faculty's research is known nationally and internationally
- Diverse internship and professional opportunities

Department of Kinesiology and Physical Education
5766 Shibles Hall, Room 101
University of Maine
Orono, ME 04469-5766
207.581.2412

umaine.edu/edhd

To apply: umaine.edu



Connect with us:
umaine.edu/socialnetwork

WHY STUDY KINESIOLOGY AND PHYSICAL EDUCATION AT THE UNIVERSITY OF MAINE?

KPE majors have outstanding opportunities for professional development in the ideal location. The Appalachian Trail, lakes, hiking trails and the Atlantic Ocean are all within an easy drive of campus, providing many venues to study and practice in the field. UMaine's KPE faculty are known for their expertise in fitness, obesity and athletic performance. KPE majors have the opportunity to work within the College of Education and Human Development community, yet take advantage of the vast resources available at Maine's largest and most comprehensive university. Students in the College of Education and Human Development also have the option of studying in the Honors College, which offers intensive work in small classes, as well as the chance to pursue undergraduate research. They also have the option of minoring in Innovation Engineering. This program allows students to create, communicate and realize/commercialize unique ideas in their field.

WHAT CAN I DO WITH A DEGREE IN KPE?

The major offers students a diverse range of choices, including courses in laboratory science, business, outdoor recreation and education. This prepares them for equally diverse options after graduation. Some graduates go on to medical school or pursue graduate study in other health-related disciplines. Others find careers in allied health or the private health and fitness industry. Some of our graduates choose to work in outdoor recreation, and the major prepares them to sit for the rigorous Maine Guide certification, while others gain certification to teach and coach in K-12 schools.

OUR UNDERGRADUATE PROGRAM

KPE majors enjoy a combination of classroom and hands-on learning through laboratories, internships or student-teaching experience. Within the degree program, students can focus on exercise science or teaching and coaching certification. Students in exercise science can choose from several options: laboratory science, which prepares students for graduate programs in allied health; business management, which includes a minor in business and emphasizes operational management; and outdoor recreation, which includes a minor in outdoor education and requires students to earn no less than four national certifications, including Wilderness First Responder. Students in the teaching/coaching certification program can become certified to teach K-12 physical education and health.

OUR GRADUATE PROGRAM

The University of Maine offers a Master of Science and a Master of Education in Kinesiology and Physical Education. The former focuses on exercise science, while the latter focuses on curriculum and instruction.

OUR FACULTY

UMaine's KPE faculty are known for their expertise in fitness, adapted physical education, exercise physiology and comparative physiology. This informs their classroom teaching, allowing UMaine students to learn from the most respected and innovative thinkers in the field.

OPPORTUNITIES TO EXCEL

UMaine is the state's largest research institution, and our undergraduates are able to work alongside faculty on groundbreaking

ABOUT UMAINE

The University of Maine, founded in Orono in 1865, is the state's premier public university. It is among the most comprehensive higher education institutions in the Northeast and attracts students from across the U.S. and more than 73 countries. It currently enrolls 11,286 total undergraduate and graduate students who can directly participate in groundbreaking research working with world-class scholars. The University of Maine offers doctoral degrees in 35 fields, representing the humanities, sciences, engineering and education; master's degrees in roughly 70 disciplines; 90 undergraduate majors and academic programs; and one of the oldest and most prestigious honors programs in the U.S. The university promotes environmental stewardship on its campus, with substantial efforts aimed at conserving energy, recycling and adhering to green building standards in new construction. For more information about UMaine, visit umaine.edu.



Our students gain hands-on experience in the adaptive physical education course.

explore

*Bachelor of Science in
Kinesiology and Physical Education*

*Minors and Concentration in
Business Management*

Exercise Science

Outdoor Sports Science

Teaching/Coaching Certification

*Master of Science in
Kinesiology and Physical
Education (Exercise Science)*

*Master of Education in
Kinesiology and Physical
Education (Curriculum and
Instruction)*

studies. A unique option is the Logan 3+3 program, which allows KPE students to spend three years at UMaine and three years at Logan College of Chiropractic in St. Louis, MO. When they complete their studies, they earn a degree and license in chiropractic medicine. The outdoor education minor offers hands-on experience in paddle sports, climbing wall instruction and challenge course facilitation. The minor prepares students to sit for the rigorous Maine Guide exam offered by the Maine Department of

Inland Fisheries and Wildlife. UMaine's Health Professions Office offers close advising and career counseling for students interested in applying to medical school.

HOW DO I APPLY?

Visit umaine.edu for an application, as well as information about academics and life at UMaine.

