

Click the links under the topics for a downloadable PDF!

# VISUAL SUPPORTS FOR TEACHING CONCEPTS BY TOPIC

## PUBERTY

[Puberty for Girls](#)

[Puberty for Boys](#)

## PRIVATE PARTS

[Anatomy & Touching for Girls](#)

[Anatomy & Touching for Boys](#)

[Nudity & Privacy](#)

[Hands out of Pants](#)

## MENSTRUATION

[Period Flashcards](#)

[Cramps](#)

## TOUCHING & KISSING

[Types of Touching](#)

[Who Can I Kiss?](#)

[No Kissing at School](#)

## MASTURBATION

[Masturbation for Girls](#)

[Masturbation for Boys](#)

[Erections](#)

[Masturbation Social Story](#)

## TALKING ABOUT SEX

[Who Can I Talk To About Sex?](#)

[When Can I Talk About Sex?](#)

VIDEOS FOR TEACHING SEX  
EDUCATION

CONSENT



Check out the [Consent 101 Video Playlist](#) from Planned Parenthood

TALKING ABOUT SAFE SEX



Visit [this link to the Safer Sex, Testing, & STD Video Playlist](#) from Planned Parenthood.

SEX ED FOR TEACHERS & STUDENTS



Trent University curated [a video playlist covering strategies, gender identity & more.](#)

MIDDLE SCHOOL TARGETED



Eleanor Stein creates [sex education videos specifically for middle school students.](#)

CURRICULA  
& TOOLKITS

[SIECUS Community  
Action Toolkit](#)

[MDDS Guide on Healthy  
Relationships, Sexuality,  
and Disability](#)

[National Sex  
Education Standards](#)

ADDITIONAL  
RESOURCES  
& RESOURCE  
GUIDES

[What's the State of Sex  
Education in the US?](#)

[How do I teach sexuality  
to a person with autism  
spectrum disorder?](#)

[The Gender Unicorn Trans  
Student Educational  
Resource](#)

[Sexuality Education for  
Students with Disabilities](#)



# Full List of Links

## Visual Supports

- Puberty
  - <https://drive.google.com/file/d/1Baico67u5fasDhlCZ3wO9ZH8rkpsFpxM/view?usp=sharing>
  - [https://drive.google.com/file/d/1SgsuuB9Ik4kqi6OPd8r\\_QzhKDRGTobjc/view?usp=sharing](https://drive.google.com/file/d/1SgsuuB9Ik4kqi6OPd8r_QzhKDRGTobjc/view?usp=sharing)
- Private Parts
  - <https://drive.google.com/file/d/1YMfHH3RNoZ-pnUoJDx99-ndiJDAJpa3C/view?usp=sharing>
  - <https://drive.google.com/file/d/1TK7lrl-xPyjoVboARgby1-JnpEl13ksL/view?usp=sharing>
  - <https://drive.google.com/file/d/11EjRwULKHWrognFr-9oSNvGoPWRcmGAK/view?usp=sharing>
  - <https://drive.google.com/file/d/1T5az2Pdbp6mG2YgsvYeEeIARFMCzVINm/view?usp=sharing>
- Menstruation
  - <https://drive.google.com/file/d/1h2l-5HR4sv7gdJw3VORfMMMnM5vSeKnX/view?usp=sharing>
  - [https://drive.google.com/file/d/1K5\\_3cfusjkO\\_1kpEL8xAFpLQlMT9Jfh/view?usp=sharing](https://drive.google.com/file/d/1K5_3cfusjkO_1kpEL8xAFpLQlMT9Jfh/view?usp=sharing)
- Touching & Kissing
  - <https://drive.google.com/file/d/1Swru-uLhI56k9WPUFjDxWUXiHTkKLnEE/view?usp=sharing>
  - <https://drive.google.com/file/d/1TCHpFL6lOpzFs5hhGUVgoHUSn6oEorYj/view?usp=sharing>
  - [https://drive.google.com/file/d/1RYv\\_IUzOa5MvSreycoXhsAkhNEpsnZPF/view?usp=sharing](https://drive.google.com/file/d/1RYv_IUzOa5MvSreycoXhsAkhNEpsnZPF/view?usp=sharing)
- Masturbation
  - [https://drive.google.com/file/d/1\\_IMKyjyuEltYwhe-fatXk2gfDur7Sr6C/view?usp=sharing](https://drive.google.com/file/d/1_IMKyjyuEltYwhe-fatXk2gfDur7Sr6C/view?usp=sharing)
  - [https://drive.google.com/file/d/1TDZ7Wc8MrJAeoIctVW6Q9\\_HrKn\\_FHZMG/view?usp=sharing](https://drive.google.com/file/d/1TDZ7Wc8MrJAeoIctVW6Q9_HrKn_FHZMG/view?usp=sharing)
  - [https://drive.google.com/file/d/1TL\\_QlvdXOgJXzzV-pr9ZLhBPn6-dqWNf/view?usp=sharing](https://drive.google.com/file/d/1TL_QlvdXOgJXzzV-pr9ZLhBPn6-dqWNf/view?usp=sharing)
  - <https://drive.google.com/file/d/1PnLafZaWArXgSP2nLLTpGBRqoKlpQftg/view?usp=sharing>
- Talking About Sex
  - <https://drive.google.com/file/d/1DNAYZvnlXKKMZ1auUjpAo44NCWYNbIP2/view?usp=sharing>
  - <https://drive.google.com/file/d/1TESnWxpOTY-73VufeJjRDANZ4qAMHwhj/view?usp=sharing>

# Full List of Links

## Additional Resources

- Autism Awareness Centre Inc.: How do I teach sexuality to a person with ASD?
  - <https://autismawarenesscentre.com/teach-sexuality-person-asd/>
- Parent Center Hub: Sexuality Education for Students with Disabilities
  - <https://www.parentcenterhub.org/sexed/#content>
- Planned Parenthood; What's the State of Sex Education in the US?
  - <https://www.plannedparenthood.org/learn/for-educators/whats-state-sex-education-us>
- The Gender Unicorn Trans Student Educational Resource (TSER)
  - <https://transstudent.org/gender/>

## Curricula & Toolkits

- MDDS Resource Guide on Healthy Relationships, Sexuality, and Disability
  - <https://drive.google.com/file/d/1OKLRt3ME3SNafoTRPyw6UgDVV1IDSijm/view?usp=sharing>
- SIECUS Community Action Toolkit
  - <https://siecus.org/wp-content/uploads/2018/09/CAT-Sept-2018-Final.pdf>
- National Sex Education Standards
  - <https://siecus.org/wp-content/uploads/2020/03/NSES-2020-2.pdf>

## Video Playlists

- Consent 101 from Planned Parenthood
  - <https://www.youtube.com/playlist?list=PL3xP1jlfijgIRkChwVOLwQcVo-UqcWiFV>
- Talking about Safe Sex, Testing, & STDs from Planned Parenthood
  - [https://www.youtube.com/playlist?list=PL3xP1jlfijgLGMp1Dl6w\\_XoQopYs7ad\\_-](https://www.youtube.com/playlist?list=PL3xP1jlfijgLGMp1Dl6w_XoQopYs7ad_-)
- Sex Education for Teachers & Students from Trent University
  - [https://www.youtube.com/playlist?list=PLqzoWnr1VSmTAKb-f3gnW\\_xNeVMRSvnB](https://www.youtube.com/playlist?list=PLqzoWnr1VSmTAKb-f3gnW_xNeVMRSvnB)
- It's Sex Ed Time! With Eleanor Stein
  - [https://www.youtube.com/channel/UCSiHexVfT\\_ex\\_Q23VJ\\_2laQ](https://www.youtube.com/channel/UCSiHexVfT_ex_Q23VJ_2laQ)