Are you concerned your child may have an autism spectrum disorder?

Road Map to Services

Resources after diagnosis

Maine Autism Institute for Education and Research (MAIER)
MAIER partners with families to promote greater awareness, education and research to benefit individuals and families affected by ASD.
207.581.2352
umaine.edu/autisminstitute
maineautisminstitute@maine.edu

Autism Society of Maine (ASM)
ASM provides education and resources to support individuals on the autism spectrum and their families, including information sheets, online referral database, support groups and special events.
800.273.5200
asmonline.org
info@asmonline.org

Maine Parent Federation (MPF)
MPF is a community for families of children with disabilities, including autism. MPF provides information, help with referrals, one-on-one phone support, parent-to-parent connections and training.
800.870.7746
mpf.org
parentconnect@mpf.org

Maine Child Development Services (CDS), Maine Department of Education
CDS provides screenings and evaluations, case management and educational support to families.
877.770.8883
maine.gov/doe/cds

Maine Developmental Disabilities Council (MDDC)
MDDC is a partnership of people with disabilities, their families and agencies advocating for positive change.
800.244.3990
mainedd.org
info@mainedd.org

Maine Care
Maine DHHS offers MaineCare, a financial assistance program for health care. These programs are available to those who meet income guidelines and are eligible based on age, family situation and health care needs.
207.287.3707
maine.gov/dhhs/mainecare.shtml

Katie Beckett option
Katie Beckett is a MaineCare option for children with serious health conditions. It is one of the ways your child can receive MaineCare.
207.624.7900
maine.gov/dhhs/oifs/cbhs/eligibility/katiebeckett.html

Assistance programs

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Maine Autism Institute for Education and Research

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Does your child show early signs of Autism Spectrum Disorder (ASD)?

Development at 12 months
☐ A child with typical development will turn his head when he hears his name.
✔ A child with ASD might not turn to look, even after his name is repeated several times, but he will respond to other sounds.

Development at 18 months
☐ A child with delayed speech skills will point, gesture or use facial expressions to make up for her lack of talking.
✔ A child with ASD might make no attempt to compensate for delayed speech or might limit speech to parroting what is heard on TV or what she just heard.

Development at 24 months
☐ A child with typical development brings a picture to show his mother and shares his joy.
✔ A child with ASD might bring a bottle of bubbles to open, but does not look at his mom’s face when they play together.

ASD signs at any age:
✔ Repeats motions (rocking or spinning)
✔ Avoids eye contact or physical touch
✔ Has delays in learning to talk
✔ Repeats words or phrases (echolalia)
✔ Becomes upset by minor changes

Ask yourself:
• If you point at something across the room, does your child look at it?
• Does your child point with one finger to ask for something or to get help? (e.g., pointing to a snack or toy that is out of reach.)
• Does your child respond when you call her name?
• Does your child look you in the eye when you are talking, playing or dressing him?
• Does your child understand when you tell her to do something? (e.g., if you do not point, can your child understand "bring me the blanket?")

If you answered no to more than two of these questions, contact your pediatrician and request an autism screening.