If you have a child with mental illness or have found that you are in love with someone who suffers from a mental disorder, you know that the discovery itself can be devastating. Nancy Pizzo Boucher met her son’s diagnosis with equanimity, perseverance and determination. She shares with us her very personal and poignant notes, essays and poetry. Prepare to laugh, cry and learn with her. The realization that a parent’s dream must be reconfigured to meet reality causes us to grieve what we expected. Boucher in her grieving process found an entire world of possibilities that helped her and her family to grow emotionally and spiritually. Join her on her odyssey of discovery.

Nancy Pizzo Boucher is the ninth child in a family with thirteen children. She has taught special education for 24 years in public schools. She is well aware of the challenges facing families and their children when dealing with a mental illness. With a bachelor’s in Sociology and her master’s degree in special education, Boucher finds much to care about in the world. She loves, “flowers, vegetables, all of Nature, my family and friends. My two grandsons bring renewal and wonder to my life all the time.”