Creating a Trauma-Informed System of Care: Partnerships, Facilitative Factors, Barriers, Special Considerations

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Paper presented at the Council on Social Work Education’s 60th Annual Program Meeting

October 24, 2014 Tampa, FL
The Maine Project

Penquis Regional Linking Project (PRLP) aims to:

- Utilize a trauma-informed system of care approach in servicing children and families affected by substance abuse
- Increase well-being, improve permanency and enhance the safety of children ages 0-5 and their families
- Provide services in Penobscot and Piscataquis counties of Maine to these families who have been affected by substance abuse

The Partnership

<table>
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<th>Key PRLP Partners:</th>
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<td>Child welfare organizations, social service agencies, kinship care service providers</td>
<td>Substance abuse treatment providers, public health entities, healthcare organizations</td>
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The Andrus Sanctuary Institute
The Penquis Regional Linking Partnership is comprised of 30+ local agencies who work with and serve children and families affected by substance abuse.

The PRLP Advisory Council is the managing body that provides project oversight.

FACT is the lead agency responsible for delivering direct services to children and families.

The Sanctuary Model

Provides a basic blueprint for developing trauma-informed, therapeutic communities that promote recovery.
The Sanctuary Model

supports many elements of the
participatory research approach
Participatory Action Research

Client-level data collected by Navigators
Annual client surveys/ interviews
Training evaluations
Grants management

State administrative data sharing process

Partnership & Organizational data collection
Project management and oversight

Fiscal evaluation
Project management and oversight

Dave
Research Associate

Jen C
Evaluation Coord.

Alison
Research Assistant

Jen M
Co-Directors of Evaluation

Len

UMaine Evaluation Team
The Big Five

- Adult
  - State-level Data
  - Assessment Data

- Child
  - State-level Data
  - Assessment Data

Recovery
Family Functioning
Safety
Permanency
Well-being

Trauma-Informed Change

Successful implementation & evaluation
Enhanced quality of service delivery
Improved outcomes for children & families
Discussion

THANK YOU!!!
QUESTIONS?

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http://www.thesanctuaryinstitute.org/
Conclusion

Successful implementation & evaluation of trauma-informed organizational interventions

Enhanced quality of service delivery

Improved outcomes for children & families

Trauma Theory

Image from Scientific American
The Seven Commitments

- Nonviolence
- Emotional Intelligence
- Social Learning
- Open Communication
- Social Responsibility
- Democracy
- Growth & Change

S.E.L.F.

- Safety
- Emotion
- Loss
- Future
The Sanctuary Model Toolkit

- Core Team
- Supervision
- Training
- Community Meetings
- Team Meetings
- Self-Care Planning
- Red Flag Reviews
- Safety Plans
- S.E.L.F. Service Planning
- Sanctuary Psychoeducation

Cross-site Evaluation

- Client-level
  - Quantitative
  - Assessment data
  - Collected via grantee reports
  - Program Team to upload project data to CSE and ESL system*
- Partnership-level
  - Quantitative
  - Collected via a survey administered by Mathematica**
  - Interviews with partners; to be conducted by Mathematica**

Local Evaluation

- Client-level
  - Quantitative
  - Data collection via Navigators
  - State administrative data for comparison design
  - Annual client satisfaction surveys
  - Qualitative
  - Annual client interviews
- Partnership & Organizational level
  - Quantitative
  - Survey of Partners re: progress towards goals, TIC, etc.
  - Sanctuary organizational survey: compare implementation across 4 agencies; transformational leadership study
  - Training evaluations
  - Qualitative
  - Interviews with Partners
  - Document review of meeting minutes, MOUs, etc.
  - Training evaluations

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*PRLP Program Team is responsible for data collection and reporting
**Mathematica is responsible for data collection
Clear Communication Pathways

Acknowledge Differences and Be Flexible