Actualizing Healthcare Outcomes Through Research and Evidence-Based Practice

Target Audience
Healthcare professionals committed to improving patient outcomes.

You Are Invited
To participate in a Maine Nursing Practice Consortium effort to expand and promote evidence-based practice in northern New England. The goals for the day are:

- To transform and expand practice based on scientific evidence through the continuum of clinical care.
- To share clinical expertise with successful implementation of best practices.
- To showcase best practices in achieving empirical outcomes in healthcare.

Keynote Speaker
Alyce Schultz, RN, PhD, FAAN
Dr. Alyce Schultz has spent the last 25 years as a nurse researcher, including 12 years as the Director of Nursing Research at Maine Medical Center, and the last 8 years as a consultant for evidence-based practice and clinical research for direct care providers and managers. Her consulting practice, including 8 years as a Fulbright Specialist, has taken her across the United States and Canada and to 6 countries internationally. She served as an informal consultant in the initiation of the Maine Nursing Practice Consortium and developed the State of Maine Nursing Workforce Strategic Plan 2012-2020, along with the HRSA Grant Team. She has been an appraiser for ANA's Magnet Recognition Program since its inception in 1994, served on the Board of Sigma Theta Tau International for four years, and was inducted in 2003 as a Fellow into the American Academy of Nursing for her work in developing the Clinical Scholar Model and Program. In 2006, she was honored as the Distinguished Alumnus of the University of New Mexico, School of Nursing.

Plenary Speaker
Kristina Hyrkäs, RN, MNSc, LicNSc, PhD Dr. Hyrkäs has been the director of the Center for Nursing Research and Quality Outcomes at Maine Medical Center since 2005. She has over 30 years of work experience in health care and research in clinical and university settings in Canada, Finland, the UK, and the US. Her research focuses on health care quality, evidence-based nursing, assessment tools, and clinical supervision. Her research utilizes different methodologies including qualitative and quantitative methods, mixed-methods, triangulation, and other analytic strategies. She served as the Editor of the Journal of Nursing Management for seven years and currently she serves as a peer reviewer for 12 scientific nursing journals. She has also served as Associate Faculty for the University of Southern Maine, School of Nursing, and provides mentorship for several Master’s, DNP and PhD students, and research practicums and theses. She has published over 100 peer reviewed and non-peer reviewed articles, five books and eleven book chapters, and presented altogether 85 posters and podiums.

Featured Speakers
Maine’s 128th Legislature—Nursing Healthcare Policy: What Every Nurse Needs to Know
Lisa Harvey-McPherson, RN, MBA, MPM - Eastern Maine Healthcare Systems

Rapid Response in the Home Health Setting
Pamela Graftam, RN - York County Nursing Services
Home Health Visiting Nurses of Southern Maine
Heather Lomax, RN, BSN - Pulmonary and Telehealth
Home Health Visiting Nurses of Southern Maine

Behavioral Interventions within Six Dimensions of Wellness that Protect Cognition Among Adults
Kelley Strout, PhD, RN - University of Maine

Co-Sponsored By: Maine Action Coalition, Sigma Theta Tau - Omicron Xi Chapter-at-Large
Agenda for the Day

7:15 - 8:00  Registration/Continental Breakfast
8:00 - 8:15  Opening Remarks
Ann Scovog, RN, PhD
8:15 - 9:45  The "So What": Improving Quality Through Research & Evidence-Based Practice
Alyce Schultz, RN, PhD, FAAN
9:45 - 10:00  Break
10:00 - 1:00  Maine's 128th Legislature - Nursing Healthcare Policy: What Every Nurse Needs to Know
Lisa Harvey-McPherson, RN, MBA, MPM
11:00 - 12:00  Evidence in Action
Deborah A. Saber, PhD, RN, CCRN
Jeanne Bengen, BSN, RN, CCRN & Shawn Taylor, RN, BSN - Maine Medical Center
12:00 - 1:15  Lunch and Poster Presentations
1:15 - 2:00  Research at the Bedside - Promoting Evidence-Based Practice and Improving Quality Outcomes
Kristina Hyrkas, RN, MN, Sc, LicNSc, PhD
2:00 - 2:45  Rapid Response in the Home Health Setting
Pamela Grafton, RN and Heather Lomax, RN, BSN
2:45 - 3:30  Break
3:00 - 3:45  Behavioral Interventions within Six Dimensions of Wellness that Protect Cognition among Aging Adults
Kelley Stroot, PhD, RN
3:45 - 4:15  MNPC - An Evolution
Paula Theriault, RN MBA
4:15 - 4:30  Evaluation and Wrap-Up

IMPORTANT INFORMATION

Evidence in Action
Changes Over Time: Senior Nursing Students Expectations of Work and the Workplace and Their Perceptions as Newly Licensed Registered Nurses (NLRNs) After 3 & 12 Months of Employment
Deborah A. Saber, PhD, RN, CCRN - The University of Maine School of Nursing

Improving Workplace Safety
Jeanne Bengen, BSN, RN, CCRN and Shawn Taylor, RN, BSN - Maine Medical Center

Modeling Emergency Department Nursing Workload in Real Time
Edwin L. Cipoton, BS and Jennifer Granata, RN - Southern Maine Health Care

Accreditation
Eastern Maine Medical Center, Education Department, is an approved provider of continuing nursing education by the Northeast Multistate Division (NE-MSD), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

6:50 Contact Hours

Conference Handouts
To print copies of conference materials go to:
http://umaine.edu/nursing/10th-annual-evidence-based-practice/

Cancellation Policy
You will receive a full refund if Omicron Xi receives written cancellation ten days prior to the seminar. If you are unable to attend, substitutions from the same organization are welcome. Cancellations will be charged a $10.00 processing fee.

Special Needs
If you have a disability and require special assistance in order to attend or have dietary restrictions, the University of Maine is available to assist you. Please call in advance so we can better meet your needs. For further information please contact Cindy Therrien at 207-581-2808.

Hotel Information
The MNPC has a reserved rate of $100.00 per night at the Hilton Garden Inn. Their phone number is 207-262-0099.

Directions to Hilton Garden Inn
From I-95 northbound, take exit 187 to Hogan Road. Turn right onto Hogan Road and at the first set of lights, turn left onto Haskell Road.

From I-95 southbound, take exit 187 to Hogan Road. At the street light, turn left onto Hogan Road. Proceed through one set of lights after the interstate overpass. At the next set of lights, turn left onto Haskell Road.