I pledge:
• to educate myself on issues surrounding violence while developing personal beliefs against the use of violence
• to be a positive role model for my community.
• to look honestly at my actions in regard to violence and make changes if necessary.
• to educate others on all issues surrounding violence.
• to take initiative! I will be prepared and have the courage to correct others regarding violence.

• to support women’s groups. I may not be able to prevent all violence but I will help those who have been victimized.
• to be aware of pre-existing beliefs, stereotypes or rumors that may alter my judgments.
• to challenge the social norms. If no one ever challenges the norm, nothing will change.
• to learn to identify problematic situations to help victims.

Spread the MAAV message throughout your community.
For more information on the University of Maine’s MAAV program, call 207/581-3138 or visit http://www.umaine.edu/maav

Male Athletes Against Violence
MAAV

Men’s Pledge Against Violence

I pledge:
• to support women’s groups. I may not be able to prevent all violence but I will help those who have been victimized.
• to be aware of pre-existing beliefs, stereotypes or rumors that may alter my judgments.
• to challenge the social norms. If no one ever challenges the norm, nothing will change.
• to learn to identify problematic situations to help victims.

Male Athletes Against Violence
MAAV

X

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