



**Open To Conference Attendees!**

# Campus Recreation

**Something for everyone!**

As the largest facility of its kind in Maine, our highly-celebrated **Recreation and Fitness Center** is a fabulous addition to recreational opportunities in the Greater Bangor area. It's spacious, well-stocked with equipment, bright, airy, *clean*, and run by polite and well-trained staff. The Center is fully accessible, right down to the locker rooms, and the ramp / lift for the pool. And don't worry, parking is free and close by! **The \$5 conference pass includes:**

- **140+ pieces** of cardio and weight equipment
- **Leisure Pool** (lap lanes, spa, vortex, wading area with splash fountain, and sauna)
- 1/10-mile **indoor track**
- **3 Basketball/Volleyball/Badminton Courts** with impact-cushioned flooring and electronic scoring
- **Multi-Activity Court** for floor hockey etc., with synthetic flooring, inset goals, and electronic scoring
- **2 Racquetball/Squash Courts**
- 8 outdoor lighted **Tennis Courts**
- 3 bright and airy **Multi-Purpose Rooms** with impact-cushioned wood flooring, mirrors and ballet bars, and individual sound/climate controls
- **3 Locker Rooms** with free day-use lockers/locks, and free towel service (includes 1 family/assisted locker room)
- Indoor **Rock Climbing Tower and Bouldering Wall**
- Wide selection of **group exercise classes and other fitness programs** (additional charge may apply)
- Free **Sports Equipment Checkout**
- Direct access to the **15+ mile Trail System** for walking, jogging, skiing, snowshoeing, etc.
- Open Recreation access to **Bridge Tennis Courts** and **Maine Bound Adventure Center** climbing gym
- Children's **Day Camp** on teacher in-service days and snow days (additional charge)
- Children's **Summer Camps** (additional charge)
- Access to Maine Bound activities, trips, and courses (additional charge)
- Access to Campus Recreation's **Challenge Course** (additional charge)
- Access to **Outdoor Equipment Rentals** (additional charge)
- Access to **Personal Training Services** (additional charge)
- **Massage Therapy Services** (additional charge)

**While you're here for your conference, come on in for our special conference rate of just \$5 a visit! What a great value!**



**Everyone is welcome, regardless of age or fitness level!**

**(207) 581-1082**  
[www.umaine.edu/campusrecreation](http://www.umaine.edu/campusrecreation)  
**Hilltop Road, Orono**

