

**The University of Maine
Campus Recreation
INTRAMURAL SPORTS PROGRAM**

INDOOR SOCCER RULES

To participate in intramural sports here at the University of Maine, players must be a member through campus recreation and be either a student or an employee by the University of Maine. (Note: High School age students are not allowed to participate in intramural sports even they are a member through the recreation center.)

1. In the Dome, each team will consist of 5 (five) players plus a goalie and in the MAC court, each team will consist of 4 (four) players and a goalie.
2. No hand balls of any kind will be allowed. Intentional hand balls preventing an obvious goal will result in a direct kick from the spot of the hand ball. Unintentional handballs will result in an indirect kick from the spot of the hand ball.
3. Slide tackles are not permitted. Violations will result in indirect free kicks at the point of the infraction.
4. Legal charging will not be permitted. Incidental contact is the only kind that will be permitted. The penalty is an indirect kick.
5. On all free kicks, the opposition must stand at least 5 (five) yards from the ball.
6. No off sides.
7. Substitutions may occur at any time.
8. Indirect kicks occurring inside the goalie area will be put back into play from the nearest spot outside of the goalie area.
9. Games will be two 15 (fifteen) minute running halves, with a 5 (five) minute half time. The only time the clock can be stopped is on a time out. Each team is allowed one time out a game. Only during playoff games, if a game ends in a tie, a 5 (five) minute sudden death overtime period will be played. The first team to score during the overtime is the winner. Regular season games can end in a tie.
10. Any player removed from the game by a referee for any reason is suspended from further tournament play and his team will play short handed for the remainder of the game from which he was ejected.
11. All other rules of soccer shall apply.
12. In the Dome, the goalie box will be 10 (ten) yards out and extend to the side lines. In the MAC Court, goalies must stay inside the green goalie box.
13. Goalies can distribute the ball as they please but the ball must bounce before the half court line on goal kicks. All other plays are allowed over half.

14. If the ball goes out of bounds at the goal ends, the offense will bring the ball back in the corner with a corner kick or the defense will bring it back to the goalie to throw.
15. Any direct penalties occurring in the goalie are will result in a free penalty kick from 30 (thirty) feet, marked by a blue piece of paper.
16. Throw in must be indirect.
17. Corner kicks must be indirect.

Last Modified: 12/18/2012