

**The University of Maine**  
**Campus Recreation**  
**INTRAMURAL SPORTS PROGRAM**

**Outdoor Soccer Rules**

*To participate in intramural sports here at the University of Maine, players must be a member through campus recreation and be either a student or an employee by the University of Maine. (Note: High School age students are not allowed to participate in intramural sports even they are a member through the recreation center.)*

All men/women shall be eligible to represent their organization with the following exceptions:

1. Men/women who have won a varsity letter in collegiate soccer or who have been members during the current season of the varsity soccer squad, shall be ineligible for Intramural Outdoor Soccer. This is until they have sat out one year after winning their varsity letter.
2. Eligibility of men/women who drop off soccer squad shall be left with the Associate Director of Campus Recreation.
3. Number of players
  - a. Men – a team shall consist of six men (minimum of four is needed to start)
  - b. Women – a team shall consist of six women (minimum of four is needed to start)
  - c. Coed – a team shall consist of six players, with a minimum of two from the opposite sex (minimum of four players needed to start the game)
4. Teams failing to appear within ten minutes of appointed time shall forfeit the game. Four players are required to avoid a forfeit.
5. There shall be two referees who will be in absolute charge of the game.
6. Any number of substitutes may be made during a game. Substitutes may enter the game whenever the ball goes out of bounds.
7. Only sneakers and rubber soccer cleats may be worn. No spikes, hard shoes, or bare feet will not be allowed.
8. The game will consist of two twenty-minute halves, running time. In the last five minutes of each half clock will stop on every whistle.
9. No time outs are allowed.
10. Goalies are not allowed to throw or kick the ball over half the length of the field.
11. In case of time at end of regulation play one sudden death five-minute period will be played. The team scoring first will be the winner (during regular season, games can end in a tie).
  - a. Tie games – if after one five minute overtime period the game is still tied, the game will be decided by penalty kicks. Each member of the seven person team will kick the ball from the twelve yard line. This is done in an alternation fashion (until a winner is determined).
12. Kick-off shall be made from mid-field.
13. NO offside shall be called

14. There shall be no violent contact, (penalty disqualification)
15. There shall be no delaying the game tactics (penalty disqualification)
16. There shall be no unsportsmanlike conduct (penalty disqualification)
17. THERE IS NO SLIDE TACKLING!!! (penalty indirect kick)
18. The goalie area is width of field and ten yards out.
19. Campus Recreation will be utilizing High School Federation Rules. Anything not mentioned above, will fall back to this.
20. Any questions arising during play not covered herein shall be ruled upon at the discretion of the referee and not subject to protest. All other rules are regulation will be governed by NCAA soccer rules.

Last Modified: 12/18/2012