

The University of Maine
Campus Recreation
INTRAMURAL SPORTS PROGRAM

DODGE BALL RULES

To participate in intramural sports here at the University of Maine, players must be a member through campus recreation and be either a student or an employee by the University of Maine. (Note: High School age students are not allowed to participate in intramural sports even they are a member through the recreation center.)

1. Matches will start with all balls placed at center court with players having both of their hands touching the wall or net.
2. On referee's whistle players from both teams will try to get the balls and the game will start.
3. A team can start with a maximum of 9 players. No minimum number is required. For coed games, teams need a minimum of two women on the court.
4. Any player hitting another player from the neck up is out of the game.
5. A player must be hit in the air from the ball to be considered out. A ball cannot bounce off the back wall and put a player out.
6. If a player catches a ball thrown from another player, the player throwing the ball is out.
7. Any player being hit by a ball is put out, must go and stand against the back wall. This individual can then act as a retriever.
8. The out-of-bounds lines will be marked by orange lines. The only time a player is allowed out of this area is to retrieve a ball.
9. A player is not allowed to cross the midline to throw or retrieve a ball.
10. Matches will be the best two out of three games.
11. After a designated time, the court will be reduced, by bringing the cones in.
12. Any player who is caught cheating, his or her team will be disqualified.
13. Once the whistle blows and a player retrieves the ball from the center line, the player must go back beyond the restraining line before tosses are made.